

## Example Conference and Activity Day

9:00am            Guests arrive and are greeted with teas, coffees and home-made biscuits. Guests then go into the conference room for the mornings meeting.

Tea and coffee will be provided when requested.

12:30pm           The mornings conference finishes and guests break for a finger buffet, for example a selection of the following:

Home made mini soups with freshly baked rolls  
Sweet and Hot Cumberland Sausages  
Thai King Prawns with Sweet Chilli Dip  
Chicken Satays with Peanut Sauce  
Roasted Vegetables in Filo Pastry  
Beef & onion pasties  
Assorted bruchettas or wraps  
Fruit Juices, Mineral Water, teas and coffees  
(Vegetarian alternatives are included – please advise on numbers in advance)

Cream Tarts with Strawberries and Raspberries  
Fresh Lemon Tarts or Chocolate Profiteroles

1:15pm            Guests are then split into teams and are briefed on the afternoon's activities by a Director of A Day in the Country:

### Archery

This is set in the 250 acre estate surrounded by woodland and life-size as well as moving targets are used. Guests can use traditional bow and arrows or our special cross bows.

### Powerturns

A completely new type of vehicle with two engines and two steering wheels. A challenge to see if your guests can work together. A fun packed activity and is guaranteed to thrill you!

### Segway Vehicles

Experience the unique feeling of riding one of our Segways. Segways are upright two wheel vehicles that guests stand on and using weight distribution only for speed and direction. Segways are great fun and can operate on a variety of terrains. Hills, grass, inclines and dirt pose no obstacle to its ability to go where you want to go. Enjoy these in a slalom race or as part of a rally race experience.

4:15pm            Teams return to the barn for Tea and cakes and then prize giving for the sporting champions!

4:45pm            Departure.

A Day in the Country provides all food and soft drinks, instruction and equipment, full event management and prizes at the end of the day for the winning team. We require final numbers at least 5 working days in advance. If the number drops then the price per head may increase.