

Example Survival Skills Afternoon

12:30pm

Guests arrive and are welcomed with a buffet lunch:

Home made mini soups with freshly baked rolls
 Sweet and Hot Cumberland Sausages
 Thai King Prawns with Sweet Chilli Dip
 Chicken Satays with Peanut Sauce
 Roasted Vegetables in Filo Pastry
 Beef & onion pasties
 Assorted bruchettas or wraps
 Chocolate Profiteroles or Lemon Tart
 Fruit Juices, Mineral Water, teas and coffees

(Vegetarian alternatives are included – please advise on numbers in advance)

1:00pm

Guests are briefed on the day's activities by a Director of A Day in the Country as follows:

Survival Skills

Guests will be split into their camps and taken down to the woods. Each camp is required to build a shelter, light a fire, cook a meal in order to earn as many points as possible in the given time.

- **Shelter Building:**
Using only natural materials you will build a shelter to use as your base for the day. A brief instructional introduction will take place before you start.
- **Food:**
Teams will be shown how to catch a fish and prepare it and cook it on their fires.
- **Open fire baking:**
Guests are instructed in preparing and lighting a fire using traditional methods before mixing their own bannock bread mix and cooking it on their own open fire.
- **Bush Tucker trial:**
Guests are invited onto our jungle camp to sample some of the delights on offer. From silk worm pupae to giant water beetles, we introduce a range of edible insects for the brave to eat!

The camps will be competing against each other during the event. Teams will be awarded points on the methods used, the success/effectiveness of the methods, presentation. The team scoring the highest number of points by the close of the activity will be deemed the winners! This is a fun and challenging activity which can be biased towards serious team building or just fun!

4:30pm

Guests return to the barn for tea and home-made cakes.

5:00pm

Departure

A Day in the Country provides all equipment and instruction, food and soft drinks and full event management. Soft drinks will be available throughout the day. We require final numbers at least 5 working days before the event. If the number drops then the price per head may increase.